

WEEKLY

MENU

KINGSDOWN SCHOOL - WEEK ONE



Monday

Tuesday

Wednesday

Thursday

Friday

Spaghetti Bolognese with Parmesan Cheese

Homemade Minced Beef & Onion Pie

Roast Pork served with Stuffing Ball & Apple Sauce

Chicken Balti with Turmeric Rice

Battered Oven Baked Fish Fillet with Tartar Sauce

Tomato & Pepper Pasta with Parmesan Cheese

Homemade Courgette & Caramelised Red Onion Puff Pastry Tart

Homemade Cauliflower Cheese

Cauliflower, Chick Pea, Onion & Tomato Korma with Turmeric Rice

Chef's Choice

Homemade Garlic Bread

Buttered Parsley Potatoes

Roasted Potatoes

Curry Tray Accompaniment

Chipped Potatoes

Sweetcorn

Whole Green Beans or Baton Carrots

Selection of Seasonal Vegetables

Poppadom

Garden Peas or Baked Beans

Jacket Potato served with Baked Beans, Cheese or Tuna Mayonnaise

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Mini Mixed Berry Yoghurt

Almond & Cherry Slice

Eves Pudding & Custard

Iced Sponge

Sultana Cookie

Available daily

- A Selection of Homemade Baguettes, Sandwiches & Wrap
- Pasta Pots
- Salad Pots
- Fresh Fruit Pots
- Dessert & Yoghurt Pots