

WEEKLY

MENU

KINGSDOWN SCHOOL - AUTUMN MENU - WEEK TWO



Monday

Tuesday

Wednesday

Thursday

Friday

A TASTE OF ITALY

BEST OF BRITISH

ROAST OF THE WEEK

CURRY THURSDAY

FRIDAY FISH BAR

Spaghetti Bolognese & Parmesan Cheese

Homemade Cottage Pie with Gravy

Roast Beef, Yorkshire Pudding & Horseradish Sauce

Kashmiri Style Rogan Josh Chicken

Breaded Fishcake, Lemon Wedge & Tartar Sauce

Arrabiata Penne Pasta

Quorn Mince Potato topped Pie

Roasted Vegetable Filled Yorkshire Pudding

Spinach, Potato & Onion Bhaji

Chef's Choice

Homemade Garlic Bread

Steamed Carrots & Peas

Crispy Roast Potatoes

Braised Turmeric Rice

Chunky Chips

Mixed Leaf Salad with Dressing

Baked Beans

A selection of Seasonal Vegetables

Naan Bread / Coriander, Onion, Tomato & Yoghurt Dip

Garden Peas / Baked Beans

Jacket Potato with a Choice of Fillings

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Mini Tiramisu Pot

Lemon Shortcake Slice

Traditional Apple Crumble with Custard

Blueberry Muffin

Cherry & Coconut Biscuit

Available daily

WEEK COMMENCING September 9th, September 30th, October 21st, November 18th, December 9th.

